

NEEDED FOOD ITEMS



Canned Vegetables and Fruit
Peanut Butter (plastic containers best)
Jelly or Jam (plastic containers best)
Canned Meats (tuna, chicken)
Spaghetti Sauce (like: Hunts 26 oz can)
Cereal and Oatmeal

Macaroni and Cheese
Canned Beans
Pasta and Rice
Canned Soup
Coffee or Tea

NEEDED HYGIENE ITEMS

Shampoo & Conditioner
Bar soap
Deodorant
Feminine Products (pads)
Diapers – all sizes
Baby wipes

Toilet paper
Tooth paste
Tooth brush
Razors & Shaving Cream
Combs

NEEDED FOOD 4 KIDS ITEMS

Macaroni and Cheese (boxed)
Peanut Butter & Jelly (separate, plastic containers)
Milk, 1 qt (shelf stable non-refrigerated)
Snack Bars (cereal bars, granola bars, etc.)
Crackers (filled with peanut butter or cheese)
Canned Pasta, (Spaghettios, Ravioli, Beefaroni, etc.)
Canned Meat (tuna, Vienna sausages, chicken, etc.)
Snacks (pretzels, cookies, raisins – all single servings)

Fruit Cups (lunch box size)
Ramen Dry Noodle Soup packets
Pop Tarts
Instant Oatmeal (single serve)
Pudding Cups (lunch box size)
Note: please no candy